

# The EDVANCE Times

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## Mentor Corner

*Raising 21st Century*

Neuroscientists, educators, and childhood development experts all agree that early experiences have a major impact on the development of the brain and can affect learning as an adult. The brain has the greatest plasticity during infancy through age five. This is when the child's brain accommodates a wide range of experiences, interactions and environments thus making 'early years' the most critical period of development for the child.

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## The Chairman's Note

How wonderful it is to arrive at the middle of yet another buzzing academic year filled with inspiring activities and exciting developments! Consistent with our approach to continuously evolve our curriculum we have added important updates to keep it in sync with our purpose.

A visually expressive Facebook series on HFMD was launched earlier this quarter to enhance its awareness amongst our parents and contain the spread of this infection. Facebook was also leveraged for posting an animated video specially made by us to address the vexing issue of Screen Time Management. We thank our parents for their appreciation of this effort.

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*Vivero Kharadi moves to a bigger, better and brighter space*



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*Movie night at Hi-tech City, Hyderabad*



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Read praise for Cocina Treats du Vivero vol. 1

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An impromptu contest alert caught our parents and social media followers in the cities of Bengaluru & Hyderabad by surprise earlier this quarter.

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## What's the Buzz

*Making our Child Care Better*



We understand that Child care is yet another learning space for children which is why we constantly strive to upgrade our programme. Our Facilitators and Support staff undergo regular training to understand effective implementation keeping in mind the emotional needs of children in their sensitive years. The Child care environment at Vivero is a safe, secure and hygienic place kept in line with stringent quality checks and hands-on upkeep. The routine is designed with a great deal of thought and care for the benefit of the children at all our centres.

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Our Pre-School and Childcare centre at Kharadi has now moved to a far bigger, better and brighter space. The environment in this centre is skillfully designed by our Atlierista to promote curiosity, encourage inquiry and facilitate learning.

We are happy to announce that second instalment of Cocina Treats du Vivero with its exclusive selection of 'Quick & Healthy' recipes is likely to be available in the next couple of weeks.

While the children have been busy settling into their regular school routines they have been eagerly keeping the Vivero buzz alive with a variety of events and celebrations at all our schools. We are grateful to our parent volunteers and participants without whom these events would not have been as spectacular.

As we move on to the last quarter of our academic session let us encourage the process of learning by involving the importance of making connections and relationships between feelings, ideas, words and actions. In the words of Loris Malaguzzi, "The wider the range of possibilities we offer children, the more intense will be their motivations and the richer their experiences."

Dr. Arun Arora  
Chairman, Edvance Group

## Mentor Corner

### *Raising 21st Century*

Neuroscientists, educators, and childhood development experts all agree that early experiences have a major impact on the development of the brain and can affect learning as an adult.

The brain has the greatest plasticity during infancy through age five. This is when the child's brain accommodates a wide range of experiences, interactions and environments thus making 'early years' the most critical period of development for the child.

At VIVERO we relentlessly pursue our commitment to shaping responsible, global citizens and passionate lifelong learners who are prepared for the 21st century. This has propelled us to further study and decipher 5 Key Skills that will aid our children as we prepare them for the 21st Century. Our curriculum and teaching method is inherently designed to inculcate the following skills:

#### CREATIVITY



#### CRITICAL THINKING



#### COLLABORATION



#### COMMUNICATION



#### CHARACTER





In order to incorporate these 5 skills we have introduced various initiatives to further promote 21st century learning. One such initiative - Civic Management has got our children to think about the world and their responsibilities towards creating a better and a happier world.

Recently children of Vivero, Whitefield were sensitized towards the various environmental hazards and issues. During Circle time the Kindergarten 1 & 2 children were seen discussing the issues faced in the neighborhood, their rights for a green environment and various solutions to these issues. It was truly wonderful to witness young children discuss and understand their civic rights and responsibilities. Children along with their facilitators planned to execute an awareness campaign to spread their message amongst other members of the society. This "Go Green" campaign was conducted at the famous Forum mall, where the children silently paraded through the mall with messages and graphics on recyclable placards. They also interacted with the crowd and sang a song for Mother Earth. Mr. Paritosh Kumar who was a parent volunteer said, "As a parent I was fortunate to be a part of the Go Green campaign. Watching children go all over the place and sing songs of a better world through collective effort was truly beautiful. It was truly an inspirational moment". Our children are the greatest resource we have and it is essential to begin the process of shift in perspective in their early years when attitudes towards the world around them are forming. Doing this helps give young children a new perspective - a simple idea - from which they can grow to be lifelong learners and responsible global citizens.



Central to the Reggio belief is that children are active members of the community. Taking this approach forward, the children of Vivero, Kharadi participated in a crucial civic campaign- Freedom Run for Clean Kharadi. This citizen marathon concluded with a strong underlying message of 'Clean & Green Kharadi'. The academic goal was to inculcate civic awareness in children and lay the foundation for life skills in early years.

The Vivero team along with Hridaan Pandey from K2 ran the full 5 kilometers distance to everybody's delight. A stall based on the theme of 'recycle' was quite an attraction as it showcased an array of hand made crafts by our children. All Vivero schools in Pune contributed towards the cause with items such as cloth bags, bottle flower pots, paper bags, key chains and decorative items made out of waste/ recycled material.

The audience was spellbound by the performance of K1 & K2 civic awareness enactment that sought to inculcate issues related to hygiene. The children articulated cleanliness slogans and rhymes and it was a pleasure to see them articulate their understanding.





## The Inside Scoop

### *Vivero Kharadi moves to a bigger, better and brighter space*

Our newly launched Pre-School and Childcare at Kharadi is a home away from home in a beautifully landscaped 6500 sq ft premise just 900 metres from Eon. It provides a premise where women may entrust their children, enjoy the beautiful nuances of motherhood and have the freedom to pursue their chosen professions with confidence.

We at Vivero are steadfast in our endeavour to bring about excellence in the field of teaching & learning. We advance the Reggio based teaching methodology that characterises our approach. Our new centre at Kharadi is equipped with research based facilities to fuel curiosity that encourages inquiry and experiential learning. The thoughtfully designed interiors inspire fun, promote creativity and facilitate activity through bright open spaces and delightful ateliers in a safe, secure and hygienic environment.

Vivero, Kharadi is a testament of a finely upgraded programme in a state-of-art-facility. We welcome you to a one-on-one interaction with our School Head to better understand our initiative in making our holistic experience a winning arrangement for both the mother and the child.



## Screen Time Management

Early years for young children prove to be the most impressionable times of their lives. It is here that they develop socio-emotional skills. It is during these years that their young mind learns to empathize with others, take in nonverbal cues while talking to friends, and learn how to read the hundreds of unspoken signs-facial expression, tone of voice, and more-that add color and depth to their real-world relationships.

So if our young children are spending most of their time in front of an iPad instead of talking and playing with other children, their empathetic abilities to interact with their peers will be dulled, possibly for good. This would prove to be a hindrance in their most important skill - Socio-Emotional skills.



### *Let us learn to BALANCE*

Don't trash those screen devices for good!

Despite the dangers that overexposure to screens can pose for young brains, there are a lot of benefits to letting young children use technology in moderation. Once your child is over the age of two, consider allowing limited screen time to help develop coordination, hone quick reactions, and even sharpen language skills. However, use of technology should never be replaced with human interaction.

Power off regularly to help your child understand the clear boundaries between the virtual world and the real one.

As parents you are the change agents in the lives of our children hence you can help them self-regulate their screen time.

A simple 4 point Essential agreement that parents can use for screen time management for children:

1. **Acceptable - non acceptable times of screen usage:** Parents need to clearly lay down their expectations about limits for screen time. For example acceptable Screen time only during the set schedule and non acceptable during family time like at the dinner table.
2. **Setting a schedule:** Parents can choose to set a specific weekly duration and time when children are allowed to play on their iPad or watch a show. Funny Fridays can be a day for you and your child to use a gadget for an uninterrupted period of 1 hour just before going to play. This helps as it is the end of a school week and does not interfere in the weekly routine of a young child.
3. **Select 1 binge day:** Consider choosing a day or a few days of the week on which technology is allowed. Have activities available to distract your child from the technology, especially if your binge days are on the weekend. Make sure you've got playdates, sports events, visits to the park or a family game night planned. Brainstorm a list of things to do when they're bored, so their default isn't just to turn on a screen.
4. **Justify the use:** When your child asks to use a piece of technology, ask "why?" One of the most important things we can do as parents is to ensure that when children are using screens, they're using them for a reason-that they're not just turning them on out of habit. Asking "why" encourages children to think of other things they can do on the device-like making a movie or playing an interactive game-that might make you more inclined to say yes. This strategy can also open up a conversation about why we use screens, and it gives you an opportunity to suggest a different activity if your child is simply bored.

At Vivero, we have produced a short video that your child can watch along with you to ensure she/he uses screens in a safe, responsible and effective way.

<https://www.youtube.com/watch?v=ZqRDpsLS9tI>



## Event Report

### *Movie night at Hi-tech City, Hyderabad*

It was Bambi the favourite Disney Doe along with an endless supply of popcorns that kept everybody at Vivero International Pre-school, Hi-Tech City in high spirits in the early evening hours of Saturday, 1st September.

The movie night was one of the many encore events after having successfully run its show at other Vivero Pre-Schools in the country. 'Bambi'- a Disney Classic was the unanimous choice as the school authorities went through a detailed selection process of the movies to be aired amidst such a sensitive environment of pre-school goers.

There is no greater joy and blessing than that of friendship and family and this is what this endearing animated film was all about. The setting for the movie night itself was a picturesque and cosy affair with lots of squishy cushions, comfortable mattresses for open seating and loads of popcorn & juice to ensure a 'quality family time!'

It was a charming night for the children and parents of Vivero International and one of the gala events in the city of the Charminar.



### *Appy Adventures at HSR Layout, Bengaluru*

The build up to this little event at Vivero International at HSR was defined by the invitation to all with its bold headline saying, An Adventure Awaits! It was no wonder that children and parents from every corner flocked to the school at the designated time smiling with joy and brimming with curiosity. As the gates opened, what lay beyond certainly did not disappoint.

'Appy Adventures - stood true to its promise with its call out to the happy child in all of us!

It was truly a treat to see parents go back into their childhood, become buddies with their little ones as they took part in various activities and enjoyed the true essence of being a child. The whole event was weaved into a challenging yet a fun treasure hunt. The hunt itself provided a learning adventure. One learning leading to another.

From accepting nature to thinking out of the box, it was an exhilarating experience for the children and for the parents. Not only was it amusing but it also helped parents gain an insight into the Vivero curriculum and threw light on the techniques employed.

Activities such as passing through Cleopatra's maze while looking for the jumbled letters, crawling up the canopy and spotting mammals and egg laying birds, passing through a wet web, physical exercises, getting messy in the mud pool, the jumbo climber to name a few. Each of these activities touched an important developmental aspect of Early childhood and how they enhance children's skills in the early years of their development.

It was a day that we would never get enough of!





## International Day Celebration at Powai

At Vivero we celebrate childhood and recognise that every child is a unique individual. Our premise is a happy environment where children from every culture come together to learn, collaborate and develop. Our consistently evolving curriculum and teaching methods strive to keep abreast of the global best practices to ensure that we provide an appropriate environment for the leaders of tomorrow.

The International Day Celebration rolled out by Vivero International, Powai on Saturday, 7th September 2018 was another grand event. A fun-filled afternoon filled with interactive displays and stimulating activities provided an enriched learning experience for the children, encouraging them to become aware, understand and respect the uniqueness of every other culture in the world.

We were pleased to have with us a few enthusiastic parents who happily agreed to volunteer and take the event in stride. Their energy and zeal along with the contribution by the teachers ensured the event's success. The joyful afternoon was a buzz of positive vibes, excited voices, cheerful singing and some yummy international treats. Parents greatly appreciated the arrangement as a wonderful forum to interact with other parents and teachers.



## Teacher's Day at Vivero

The influence of a teacher can never be erased. Their imprint lies forever in the hearts and minds of the students. All dreams whether big or small begins with a teacher who believes in it.

Children at all our Vivero schools came together to send out a heartfelt message on Teacher's Day, earlier on 5th September 2018. Their happy message wordlessly spoke of joy and gratitude as they posed with little balloon hearts in their hands and genuine smiles on their faces.

"Special thanks for caring, for love and tenderness; for patience and generosity and boundless thoughtfulness. Your imprint lies forever, in our hearts and in our minds. Thank you so much teacher, for you are so very kind."





## What's the Buzz

### *Making our Child Care Better*

We understand that Child care is yet another learning space for children which is why we constantly strive to upgrade our programme. Our Facilitators and Support-staff undergo regular training to understand effective implementation keeping in mind the emotional needs of children in their sensitive years. The Child care environment at Vivero is a safe, secure and hygienic place kept in line with stringent quality checks and hands-on upkeep. The routine is designed with a great deal of thought and care for the benefit of the children at all our centres. A few highlights of our upgraded Child Care programme:

- Dedicated Zone for Infant Care & Toddler Care with detailed attention to safety, security and hygiene
- Tech Studio made available once a week for a quick recap of a concept or an insight into something new
- Critical spaces & activity corners are given due importance and every area is planned appropriately as per the weekly/monthly theme
- Well-lit and ventilated Child Care ateliers, common spaces, multiple activity areas and concept based learning corners
- Spacious and calm nap room with individual low lying cots
- A well-appointed diaper station for comfortable usage
- Private feeding space
- Spacious Lunch rooms to inspire sense of community and the blessing of food
- Children are engaged in fireless cooking twice a month to understand the goodness of wholesome meals; understand the benefit of nutrition or learn some basic table-time etiquettes.
- Child-proofing of all Vivero centres stand apart by themselves with careful edge protectors for sharp corners, 3D high cushioning foam wall panels, finger protectors for sockets and rescue devices for elevators at some of our centres
- Regular sanitisation and deep cleaning of all areas including the cots, manipulative etc.
- Nurse on duty OR Doctor on call available. Fully stocked basic First Aid kits
- Various Co-curricular activities are introduced at the different centres as per seasonal availability. They include skating, karate, dance, music & movement



*Infant Room*



*Infant Play Area*



*Feeding Room*



*Tech Studio*



*Soft Gym*



*Lunch Room*

## HFMD

Despite the constant cleaning, sterilising and disinfecting of our homes, daycares and pre-schools we face this unwanted visitor almost every other season.

At Vivero, we pledge to provide a safe and secure environment for our children at all times and know that is imperative to address the truth behind this viral menace which brings along its own share of unending debates and discussions.

### WHAT YOU NEED TO KNOW ABOUT HFMD:

1. Hand-Foot-and-Mouth-Disease is a viral illness and most commonly affects children and infants under 5 years.
2. It generally takes 3-6 days for the initial symptoms to incubate and show up from the time the child has been exposed.
3. It may start as slight fever with soreness of the throat accompanied by lethargy and lack of appetite. Most often it looks like a common case of 'teething' or a 'viral infection'.

- The symptom that does show up as confirmation of the illness is the RASH & BUMPS which are often quite painful. This is unfortunately the LAST of the symptoms and is reportedly identified not just in the mouth but other parts of the child's body as well.
- And here is the surprising reveal - Adults may catch the virus too, especially 'immunocompetent adults'. The symptoms are similar and the blisters may be diagnosed as 'cold sores'.

## WHAT YOU SHOULD DO

- This is one time when it is discouraged to SHARE. Be prepared to sterilise and disinfect constantly until the blisters scab and heal.
- Hands should be washed frequently.
- Often children refuse to drink enough fluids due to soreness of the throat so the main thing to watch out for is any sign of dehydration.
- The child and the parent taking care are usually advised complete quarantine to aid recovery and avoid further infection of other children/siblings around.

## WHAT CAN HELP THE RECOVERY PROCESS

- There is no known medical treatment so far. The only ways to speed up the recovery process is to give your child ibuprofen to help with the fever. Also avoiding foods that irritate blisters is a good option along with intake of plenty of cool fluids.
- The virus spreads via any fluid coming out from the affected child. The best way of avoiding contamination is constant hand-washing and disinfecting.
- The recovery process does not happen overnight and may take several days as you wait for the blisters to heal.

The above points are shared in view of general awareness only. It is advised that you consult your local Doctor / Paediatrician for complete knowledge and appropriate care.

## HAND FOOT AND MOUTH DISEASE (HFMD)

### What is HFMD

- A viral illness that is highly contagious
- Commonly affects children and infants under 5 years
- Adults may catch the virus too (immunocompetent adults)

### Symptoms



### How does it spread?



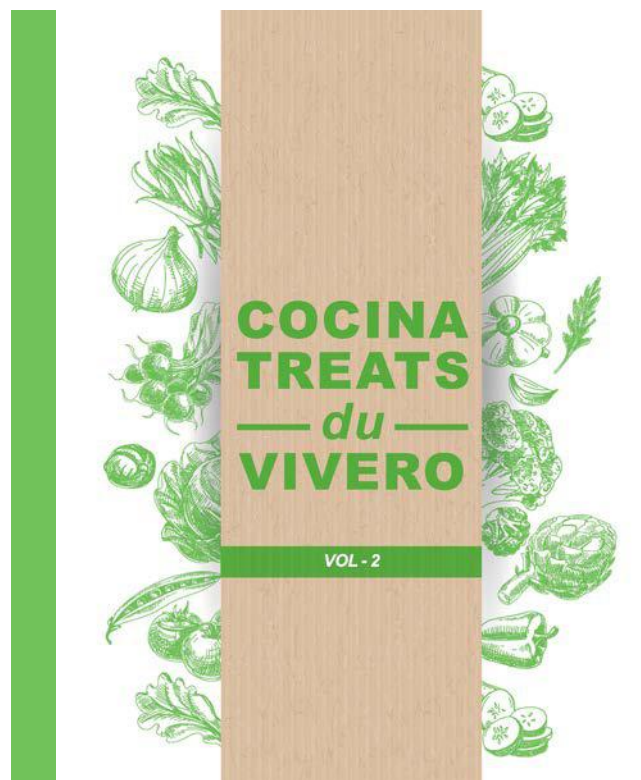
### Preventive measures



**VIVERO®**  
INTERNATIONAL PRE-SCHOOL & CHILD CARE

Courtesy: [www.mypositveparenting.org](http://www.mypositveparenting.org)

## Cocina Treats du Vivero



There is nothing like food to bring your loved ones together and there is certainly no better ingredient than 'love' itself to make it that extra special. Perhaps this was that added flourish to the launch of our Cocina Treats du Vivero, Volume 1 last year that created such an overwhelming frenzy. The success of Volume 1 evidently raised the spirits of our little Culinary enthusiasts as we bore witness to a marked increase in the scale of contributions this time around.

Aptly themed as 'Quick & Healthy', Cocina Treats du Vivero, volume 2 comes replete with easy-to-prepare recipe selections. Bear in mind that these tried-and-tested recipes have been specially chosen, lovingly prepared and excitedly presented by our children from Vivero Schools with help from their Mommies or Daddies.

The Vivero Kitchen itself sprang up a surprise as they presented their share of enticing 'Pinwheels', 'Chocolate Cookie Pops' and 'Energy Bites' to name a few. This delectable range of treats are guaranteed to lure just about anyone to the kitchen as it provides delightful recipes for quick-anytime-meals, impromptu snacks and offers ingenious ideas to add a sneaky twist to glam up the daily tiffin-box.

We have drooled, slurped and savoured every minute of the way as we collated and compiled Cocina Treats du Vivero, Volume 2 and now we just cannot wait to dish them out to you! You can get your own copy of Cocina Treats du Vivero at any of the Vivero International Pre-School and Childcare centre near you. Happy reading & Bon Appetit!

Our heartfelt thank you goes out to every set of busy hands, happy feet and curious minds who have taken time to prepare and share their favourite recipes along with their parents.



## Praise for Cocina Treats du Vivero, Vol. 1

“Thank you so much for sending me the book with the compilation of recipes. I am sure I will enjoy them with my grandchildren”

**Harsh Goenka**, *Chairman - RPG Enterprises*

“I am pleased to receive the wonderful book which is so unique because of its content. Let me congratulate you for taking up these initiatives. The collection of recipes is indeed very thoughtful and a labour of love and talent”

**Nimesh Kampani**, *Chairman - JM Financial Group*

“Thank-you for the interesting book. Mrs. Parekh found the book very informative and would very much like to have another copy of the book”

**Louiza** *secretary to Mr. Deepak Parekh, Chairman-HDFC Ltd*

“At first glance, the contents of the book make interesting reading and, I think, when it comes to collaborative cooking with kids, the food will be even tastier. I look forward to the opportunity of giving collaborative cooking a try with my grandchildren”

**R. Gopalakrishnan**, *Celebrity Author, Former Director- Tata Sons Ltd. & Former Vice Chairman-Hindustan Unilever*

“I agree cooking with and for children is pure magic and the book of recipes would certainly help in the endeavor. I do hope to experience the play, passion, love and commitment with my own daughter before it's too late”

**Sivakumar Sundaram**, *President Revenue - Times of India Group*

“Very impressive and I enjoyed going through it. I will pass on the book to my daughter and I am sure this will be of great help to her to cook good, healthy food for her kids which are quick & easy to prepare”

**Udayan Bose**, *Founder - Tamara Capital Partners Pte. Ltd. & Senior Adviser to the Common Wealth Business Council*

“I totally agree that collaborative cooking is a great way to bond with children. I am not yet blessed with grandchildren but I will try some of these recipes with other small children around me”

**Arun Nanda**, *Chairman - Club Mahindra*

“Thank you for the lovely book. It is inspiring to read and emulate”

**Dr.R.L.Bhatia**, *Founder - World CSR Day & World Sustainability*

## HR Movements

### *Pune*

- Ms. Poonam Warty has joined the Corporate Team at the Regional Office. She has handed over the responsibility of managing Vivero International Pre-school and Child Care, Kalyani Nagar to Ms. Nazura Ajaney. She is now part of the Academic Team and focuses primarily on curriculum delivery and teacher training in Pune, Mumbai and Hyderabad.
- Ms. Sahiba Sehgal has taken over the responsibility as the Parent Relationship Executive at Vivero International Pre-school and Child Care, Kalyani Nagar from Ms. Amreen Tharani who will be proceeding on maternity leave shortly.
- Ms. Jolene Fernandes has joined the Corporate Team as the Corporate Relations Manager at the Regional Office.
- Ms. Meghan Shah has joined as the Parent Relationship Manager at Vivero International Pre-school and Child Care, Aundh. She has taken over this responsibility from Ms. Dhara Sanghavi, who will be taking on a new assignment at the Regional Office.

### *Bengaluru*

- Ms. Madhuri Sandeep has joined as the Parent Relationship Executive at Vivero International Pre-school and Child Care, RMZ Ecoworld. She has taken over this responsibility from Ms. Namrata Banerjee.
- Ms. Leanne Silveira has joined the Corporate Team as the Assistant Manager - Recruitment at the Regional Office.



## Reaching Out

### *Reaching Out*

An impromptu contest alert caught our parents and social media followers in the cities of Bengaluru & Hyderabad by surprise earlier this quarter.

The task challenged all to take a clever shot of any one of the Yellow Vivero Bus that ferry our merry bunches all over town. This was no easy feat yet screenshot entries poured in by the dozen as every eager participant played, paused and captured that perfect shot just as the Vivero Bus arrived at the Bus Stop.

As a tribute to mark the celebration of a decade long success of Excellence in Education, the 10 Lucky winners were announced amidst great excitement.

Stay alert; stay tuned to our Instagram space & Facebook page for more contests & quizzes!!



An initiative of

**EDVANCE**  
GROUP OF SCHOOLS



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